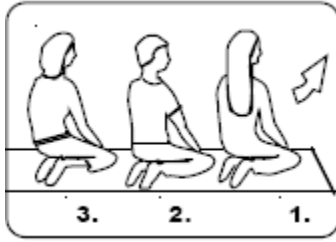


Do japa: "please God help me in all aspects."

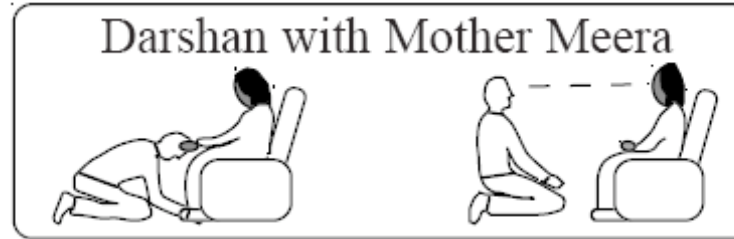
Do japa: "please God help me in all aspects."

Do japa: "please God help me in all aspects."

Please read this information

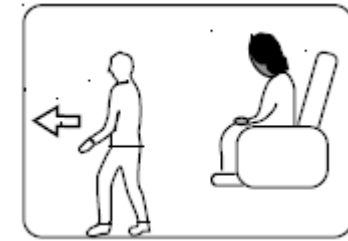


When your row is called, join the Darshan line. When you reach the front of the line, move onto the small carpet near Mother. Watch as those in front of you receive Darshan. When you are next in line to receive Darshan, move directly in front of Mother.



Sit or kneel in front of Mother and put your head down so that She can reach your head. You may touch her feet, but do so gently.

When Mother removes Her hands from your head, sit up and look into Her eyes. Keep your eyes open.



When Mother lowers Her eyes, your Darshan is complete. Return to your seat.



If you are not able to sit or kneel in front of Mother for your personal Darshan, a volunteer will help you know when to go for Darshan. A chair will be placed in front of Mother for you.

- ❖ It is better to stay for the whole Darshan session, so that you can receive Mother's silent blessing for the group at the end.
- ❖ People will be brought into the long Darshan line row by row. Please stay seated until a volunteer comes to get your row.
- ❖ Please observe silence during Darshan, and turn off cell phones.
- ❖ You may visit the bookstore and the bathroom during Darshan, but please do so silently.
- ❖ You may have only one Darshan per day.
- ❖ People with disabilities who are unable to go physically to Mother for their personal Darshan will get Mother's special blessing in a subtle way.