

# GUIDE TO MOTHER MEERA'S DARSHAN IN NIAGARA PORT COLBORNE

Darshan is the bestowal of Love, Light and Grace.  
Mother Meera gives Darshan in silence.  
It is Her gift to humanity.



**Friday, July 18th, 2014**

Darshan sessions currently available at **10:00 am** and **1:30 pm**  
You may come to only one session. Please arrive 30 minutes before the session begins

**Mother Meera Retreat Center**  
3403 Yager Road, Port Colborne, Ontario L3K 5V5

Darshan is free, but is necessary to register. [To register](#)

In this Guide, we have provided important information about Darshan, as well as logistical information for use in making your travel plans.

## **BEFORE COMING TO DARSHAN**

Please come dressed respectfully and with washed hair. Please do not wear perfumes, scented lotions, or heavy hair-care products. Please do not bring candy, flowers, or other gifts for Mother. The use of cameras or video recorders by anyone other than designated personnel is prohibited. Books and photographs of Mother will be available at the hall. The temperature of the Darshan hall will be set at ~68°F, so please dress accordingly. If a guest has a cold, fever, or heavy cough, he or she may come for Darshan at the beginning and then leave for home or hotel so that others do not become ill.

## **AT THE DARSHAN HALL**

When visitors arrive at the Darshan hall, a queue will form near the building entrance. Please turn off all cell phones and beepers. At check in time, volunteers will collect printed reservation confirmations and check guests' names against the reservation list. Visitors may then enter the hall and find seats. To minimize disruptions, please use the restroom (if necessary) prior to settling down in the hall. Please maintain silence once inside the Darshan hall. This is a good time for meditation before Darshan begins. Visitors should be able to sit quietly for 2 hours and be in stable enough health to attend without disturbance. People who cannot kneel for 30 seconds may sit in a chair in front of Mother.

## **RECEIVING DARSHAN**

Mother Meera gives Darshan in silence. Sit quietly and peacefully. Guests can meditate or do Japa (silent repetition of any Divine Name). The entire time Mother Meera is in the hall, visitors are receiving Darshan. Guests will be called row-by-row to form a line and approach Mother for personal Darshan. When approaching Mother, the guest kneels before Her (Pranam) so She can reach the head with Her hands. When She lets go, the person sits back on his/her heels and looks into Mother's eyes while She looks back into his/her (Darshan). Mother says: "During Pranam the work is on the deep aspect of the being, the soul, while Darshan (looking) helps the personality and the life situation." Mother will stay until everyone has had the opportunity to receive personal Darshan. After receiving Darshan, it is good to sit down and be still or meditate. It is best to remain until the end of Darshan. Guests are also encouraged to spend a few minutes silently seated after Mother leaves the Darshan hall. There is no hurry to leave. When asked if there is something special guests should do after Darshan, Mother replied, "Be quiet. It is better not to rush out into another activity."

## **CHILDREN**

Children are invited to attend Darshan. Children will receive Darshan early in the session and then can stay in the hall for an additional 30 minutes. Please make a separate reservation for each person attending.

## LOCATION

Mother Meera's Darshans in Niagara will be held in Mother Meera's Retreat Center, located just 10 minutes from downtown Port Colborne. The center is centrally located. It is 10 minutes from Welland, 20 minutes from Niagara Falls, 45 minutes from St Catherine's, 30 minutes from Buffalo, NY and 75 min from Buffalo Niagara International Airport. It is about 2 hours from the Toronto and Hamilton airports



[Map of Mother Meera's Retreat Center](#)

## GETTING TO THE DARSHAN

**The Mother Meera's Retreat Center :** (The building was formally called Club Reingold.)

### **Coming from Toronto**

QEW to Niagara. Just past Jordan take the 406 to Port Colborne/Welland 406 comes to an end – turn Left onto Main St, then Right onto Hwy 140, Left onto Forks Rd, and Right onto Yager Rd.

### **Coming from Buffalo**

Take Thompson Rd exit shortly after the Border towards Crystal Beach/ Port Colborne Right onto Garrison Rd (this turns into Hwy 3), Just before getting into P.C. turn Right on Miller Rd. Left on 3rd Concession and Right on Yager Road.

### **Coming from Buffalo Airport to Canadian Border (Peace Bridge)**

It would be advised to check online or at the airport for the border wait times. The Peace Bridge usually has the least amount of traffic and is the shortest route to destination. Alternate bridge: Rainbow Bridge at the falls (this will involve a toll route \$1 and take an additional 22-25 min to that bridge from the Peace Bridge).

Take 33 to 90 South. Follow until you see sign, Peace Bridge (Canada).

You will be going off the highway and in through part of the city for about 10 minutes, so don't be alarmed. This may be somewhat confusing so be aware to follow signs closely. Take Thompson Rd exit shortly after the Border towards Crystal Beach/ Port Colborne. Right onto Garrison Rd (this turns into Hwy 3). Just before getting into Port Colborne, turn Right on Miller Rd. Left on 3rd Concession and Right on Yager Road.

### **Buses & Taxis:**

Niagara Air Bus Inc. This company provides a door to door service from the Buffalo, Toronto or Hamilton airports. To reserve a space with a 20% discount please [click here](#) and use this code: 570

Alternative Toronto bus information: [www.coachcanada.com](http://www.coachcanada.com)

Premier Taxi :(Port Colborne) 905 835 8000

Port Taxi :905 835 2424

## OVERNIGHT ACCOMMODATIONS

Here are the links for the accommodation guides available locally, which you may want to consider for your stay; you may also wish to check online for additional hotels and rates. Please make your own reservations.

[www.portcolborne.ca](http://www.portcolborne.ca)

[www.welland.ca](http://www.welland.ca)

[www.tourismniagara.com](http://www.tourismniagara.com)

Darshan Guests in the past have recommended the following accommodations:

### **LakeBreeze Niagara Studio Suites**

234 Steele Street. Port Colborne, ON - Tel: 905 834 1233 or 1 877 834 1233

info@lakebreezeniagara.com

<http://www.lakebreezeniagara.com>

### **Best Western Rose City Suites**

300 Prince Charles Drive. Welland, ON

(905) 732-0922 or 1-800-387-8186 Fax: (905) 732-0644

\*\* When making a reservation tell them you are with the Mother Meera group for a 15% discount

### **Kentfield Guest Suites**

206 Kent Street. Port Colborne, ON - 905-835-8411

Kentfield@distributed.net for reservations and enquiries

<http://www.kentfieldguestsuites.net>

### **Talwood Manor Bed and Breakfast**

303 Fielden Avenue. Port Colborne, ON - 905-834-6049

jboroniec@cogeco.ca For general enquiries and reservations

<http://www.bbcanada.com/talwoodmanorbb>

### **Canalside**

232 West Street. Port Colborne, ON - 905-834-6090

<http://www.canalside.ca/>

Mother Meera seldom sees visitors outside of Darshan. She does not lecture. Mother gives Darshan in many locations throughout the world, but primarily in Schaumburg, Germany.

### **PERSONAL LETTERS TO MOTHER MEERA**

Letters in English or German may be sent to:

Mother Meera  
Oberdorf 4a  
65599 Dornburg-Thalheim  
Germany

Please note that Mother Meera does not send written answers to letters.

### **MOTHER MEERA'S DARSHAN IN GERMANY**

[Darshan in Germany](#)

### **DONATIONS**

Mother Meera Society is a registered charity in Canada. Donations are tax deductible and can be sent to:

Mother Meera Society- Societe Mere Meere  
3258 Rue Principale  
Saint Justine De Newton Quebec J0P 1T0

### **MOTHER MEERA'S 2014 SPRING CANADIAN TOUR**

**Vancouver** Tuesday, July 15th - 10:00 am and 1:30 pm

**Edmonton** Wednesday, July 16th - 1:30 pm and 5:30 pm

**Port-Colborne** Friday, July 18th - 10:00 am and 1:30 pm

**Toronto** Saturday, July 19th - 10:00 am and 1:30 pm

**Otawa** Sunday July 20th - 10:00 am and 1:30 pm

**Montreal /Longueuil** Monday, July 21st - 10:00, 1:30 pm and 5:00 pm

**Ste-Adèle** Tuesday 22nd - 10:00 am, 1:30 pm and 5:00 pm

Wednesday 23rd - 10:00 am

For reservations and more information: [click here](#)

©2010 Mother Meera, All Rights Reserved

*Do not use Mother Meera's name for any purpose (business or otherwise) without Her written permission*